



Health and Physical Educationw/ MULTI-AGE LICENSE (Pre-K-12)

Four Year Plan

This is a suggested program guide. It is not to be interpreted as a contract. Changes may occur.

Please see your program advisor before you register for courses.

Updated 6/24 ACB 9/24 GMT

YEAR	FALL	SPRING
First Year	BENV100 Becoming a Scholar 3 Writing Well Competency 3 Scientific Inquiry 4 HFS 120 Team and Ind. Sports 1 3 <i>PSY 110 Intro to Psychology*</i> 3 Total 16	Speaking and Listening Competency 3 <i>EDU 200 Introduction to Teaching</i> 3 <i>EDU 205 Field Experience</i> 1 <i>EDU 220 Curriculum and Assessment</i> 2 HFS 160 Drug Ed. 2 <i>ENG 115 Fundamental Reading/Writing Skills (if needed)</i> 3 Total 14
Second Year	HFS 120 Team and Ind. Sports 2 3 HFS 117 Intro to Sport Medicine 3 HFS 220 Personal/Comm Health* 3 HFS 255 Competitive Strength Training 2 <i>MAT 100 College Algebra (if needed)</i> 3 Creative Expression Competency 3 Total 17	<i>SED 228 Intro to Mild/Moderate Ed Needs</i> 3 Reading the Bible Competency 3 EDU 365 PE Methods 2 HFS 201 Fitness Assess 3 HFS 240 Coaching Methods 3 HFS 310 Kinesiology 3 Total 17
Third Year	<i>EDU 353 Ed Psychology & Instr. Practice</i> 3 <i>EDU 303 Comp and Tech in Ed</i> 2 NTR 225 Fundamentals of Nutrition 3 BIO 230 A&P 1* 4 EDU 360 Health Methods 2 HFS 315 Therapeutic Recreation 3 Total 17	BENV300 Cross-cultural Experience 3 Religious Understanding Competency 3 <i>EDU 332 Social & Phil. Issues in Ed</i> 3 <i>EDU 333 Urban Education Seminar</i> 1 HFS 266 Personal Wellness and Exercise 3 HFS 301 Biomechanics of Physical Activity 3 Total 16
Fourth Year	BENV400 Enduring Values Capstone 2 Exploring the Past Competency 3 <i>EDU 305 Content Area Literacy: Gen. Methods</i> 3 <i>EDU 416 PreStudent Teaching</i> 1 HFS 321 Applied Exercise Physiology 4 Total 13	<i>EDU 452 Student Teaching**</i> 13 Total 13

124 total hours to complete graduation requirements (this includes 2 hours of arts and lecture credit)

Bold face print denotes major course requirement.

Italics indicates professional education courses.

*The Living Well, Understanding Self and Society, and Critical Analysis competencies are met by courses in the major or licensure.

**Student Teaching can be completed in the fall or the spring. If completed in the fall, EDU 305 Content Area Literacy and EDU 415 Pre-Student Teaching must be taken in the preceding spring.