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HCAC Volleyball All-Conference

Bluffton's Shauna Rowland Claims HCAC Volleyball MVP

GREENWOOD, IN – Bluffton University's **Shauna Rowland (Bucyrus, Ohio/Wynford)** has been selected as the 2009 Heartland Collegiate Athletic Conference volleyball Most Valuable Player. Rowland helped guide the Beavers to their first HCAC championship and first tournament title with an 8-0 mark against conference opponents.

Rose-Hulman Institute of Technology's **Anna Lewer (Indianapolis, Ind./Lutheran)** has been honored as the 2009 HCAC Freshman of the Year, Anderson University's **Caitlin Morency (Lanesville, Ind./Floyd Central)** claimed the 2009 Defensive Most Valuable Player honor for the second straight season, and Bluffton head coach **Steve Yarnell** picked up his first HCAC Coach of Year Award.

Rowland played in 112 games for the Beavers on the year and averaged a league-high 10.56 assists per game. The junior chipped in 27 service aces, 86 kills, 353 digs, and 45 blocks from the setter position during the Beavers' 32 matches. The Bucyrus, Ohio native averaged 10.84 assists and 4.24 digs per game during conference matches this season.

Morency, the Ravens' senior libero, was the backbone of the Anderson defense all season. She led the league with a 5.57 digs per game average during conference play and posted a 5.79 average in all contests. During Anderson's 32 matches, Morency totaled a league-high 672 digs and added 32 service aces.

Rose-Hulman's Anna Lewer averaged 2.82 kills per game, 3.40 digs per game, and added 44 service aces this season. She tallied 330 total kills, ranking third in the conference in that category. Lewer was eighth in the conference in kills during conference play, averaging 2.79 per game and ranked fourth in service aces (0.39).

Yarnell guided the Beavers to their first HCAC title this season. Bluffton also earned the conference tournament championship and berth into the NCAA Division III national tournament. He has led the Beavers to a 27-5 mark this season and will travel to Hope College to face Ohio Northern on November 12 in regional play.

Joining Morency, and Lewer as a member of the All-HCAC squad are Anderson University's Carol Weatherford (Sr., Terre Haute, Ind.), Bluffton University's Jenna Eshleman (So., Landisville, Pa.), Brittany Roth (Sr., Findlay, Ohio), and Nicole Wood (So., Tiffin, Ohio), Defiance College's Danyel Lipps (Sr., West Alexandria, Ohio) and Marlea Rolander (So., Napoleon, Ohio), Hanover College's Rachel Kloentrup (Jr., Morning View, Ky.) and Kirsten Brandvik (So., Indianapolis, Ind.), Mount St. Joseph's Jamie Grauvogel (Jr., Cleves, Ohio) and Lyndsey Waldman (Jr., Batavia, Ohio), Rose-Hulman's Amanda Jevons (Jr., Henderson, Nev.) and Transylvania University's Jordan Geisen (Jr., Florence, Ky.).

A complete list of award winners follows, including All-HCAC Honorable Mention and All-Freshman teams.

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Most Valuable Player: Shauna Rowland, Bluffton University

Defensive Most Valuable Player: Caitlin Morency, Anderson University

Freshman of the Year: Anna Lewer, Rose-Hulman Institute of Technology

Coach of the Year: Steve Yarnell, Bluffton University

All-HCAC

Carol Weatherford	Anderson	Senior	MH	Terre Haute, Ind.
Caitlin Morency	Anderson	Senior	L	Lanesville, Ind.
Jenna Eshleman	Bluffton	Sophomore	OH	Landisville, Penn.
Brittany Roth	Bluffton	Senior	L	Findlay, Ohio
Nicole Wood	Bluffton	Sophomore	OH	Tiffin, Ohio
Danyel Lipps	Defiance	Senior	OH	W. Alexandria, Ohio
Marlea Rolander	Defiance	Sophomore	MB	Napoleon, Ohio
Kirsten Brandvik	Hanover	Sophomore	OH	Indianapolis, Ind.
Rachel Kloentrup	Hanover	Junior	OH	Morning View, Ky.
Jamie Grauvogel	Mount St. Joseph	Junior	OH	Cleves, Ohio
Lyndsey Waldman	Mount St. Joseph	Junior	S	Batavia, Ohio
Anna Lewer	Rose-Hulman	Freshman	OH	Indianapolis, Ind.
Amanda Jevons	Rose-Hulman	Junior	RS	Henderson, Nev.
Jordan Geisen	Transylvania	Junior	MB	Florence, Ky.

All-Freshman Team

Stephanie Weinman	Anderson	Freshman	OH	Indianapolis, Ind.
Brooke Distel	Bluffton	Freshman	MH	Carey, Ohio
Sarah Quebe	Hanover	Freshman	MH	Indianapolis, Ind.
Jaclyn Stenger	Mount St. Joseph	Freshman	L	Cincinnati, Ohio
Michelle Woods	Mount St. Joseph	Freshman	Def.	Ft. Wright, Ky.
Anna Lewer	Rose-Hulman	Freshman	OH	Indianapolis, Ind.

Honorable Mention All-HCAC

Kate McCullum	Anderson	Senior	OH	W. Alexandria, Ohio
Jessica Berlin	Anderson	Senior	OH	New Haven, Ind.
Sara Porter	Defiance	Junior	OH	Toledo, Ohio/Start
Caiti Sheff	Franklin	Sophomore	OH	Greenwood, Ind.
Chelsea Caldwell	Franklin	Sophomore	S	Fountaintown, Ind.
Abby Merritt	Hanover	Sophomore	MH	Indianapolis, Ind.
Jenn Wullenweber	Hanover	Sophomore	S	Milan, Ind.
Christa Peden	Manchester	Junior	OH	N. Manchester, Ind.
Lauren Nash	Manchester	Junior	S	Sellersburg, Ind.
Kat Roedig	Mount St. Joseph	Sophomore	MH	Cincinnati, Ohio
Casey Waldman	Mount St. Joseph	Senior	OH	Batavia, Ohio
Meredith Benninger	Transylvania	Sophomore	MB	Louisville, Ky.
Rebecca Luking	Transylvania	Sophomore	S	Louisville, Ky.
Sarah Sams	Transylvania	Junior	L	Lexington, Ky.

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