SPARKY ADAMS INVITATIONAL – SATURDAY, APRIL 20, 2012
BALDWIN-WALLACE COLLEGE - TIME SCHEDULE
FRIDAY: APRIL 19: 2:30 PM; HAMMER (M WITH W FOLLOWING)
AT FAIRGROUNDS

9:00 AM  POLE VAULT (M with W Following),

10:30 AM  3000M (M & W)

11:00 AM  10,000 METER RUN (W & M)

12:00 AM  SHOT PUT (W), LONG JUMP (M with W Following), JAVELIN (M),
           HIGH JUMP (W), DISCUS (M)

12:00 PM  PRELIMINARIES, 100/110 HURDLES

12:20 PM  PRELIMINARIES, 100 METER DASH (W - M)

12:40 PM  3000 STEEPLECHASE (W); THEN 3000 STEEPLECHASE (M)

2:00 PM  SHOT PUT (M), DISCUS (W), JAVELIN (W), HIGH JUMP (M)
         TRIPLE JUMP (M with W Following)

1:20 PM  400 METER RELAY (W - M) (ROLLING TIME SCHEDULE AFTER THIS EVENT)
         1500 METER (W - M)

         FINALS: 110 HURDLES(M) – 100M HURDLES (W)

         400 METER (W - M)

         FINALS: 100 METERS (W - M)

         800 METER (W - M)

         400 METER HURDLES (W - M)

         FINALS: 200 METER (W - M)

         5000 METER (W)

         5000 METER (M)

         1600 METER RELAY (W - M)

PLEASE NOTE:
1. Except where indicated, running events will be conducted in heats against time.
2. No score will be kept.
3. Spikes longer than ¼” PYRAMID are not permitted.
4. Heat and lane assignments will be posted on the wall at the entrance.
5. Any last minute scratches should be reported to the press box at least 15 minutes before the
   start of the meet.
6. Absolutely no entries accepted on the day of the meet. Four entries per team per event.
   Others accepted based on open lane policy. Please indicate by asterisk any athlete entered
   beyond four athlete limit.
7. Jumping surfaces are the same as the track (urethane material).